

Qualification structure

Beckmead Family of Schools Curriculum Information			
BTEC Sport Level 2 Award in Sport			
	Autumn	Spring	Summer
Year 10	<p>Half- Term 1 & 2 Unit 2 – <u>Practical Sports Performance.</u></p> <p>This unit covers why sports have rules and regulations and the different responsibilities of officials and players.</p>	<p>Half-Term 3 Unit 2 – <u>Practical Sports performance</u></p>	<p>Unit 1 – <u>Fitness for Sport and Exercise</u></p>
		<p>Half-Term 4 Unit 1 – <u>Fitness for Sport and Exercise</u></p> <p>This unit investigates the different types of fitness and the different training methods that are used to improve them. Students also learn about the principles of training and how to conduct basic fitness tests.</p>	
<p>Assessment:</p> <p>Unit 2 – There will be a different assignment each half-term (3 in total). Each assignment will allow the students to demonstrate their knowledge in a practical setting (e.g. presentations, videoed playing sport and officiating)</p> <p>Unit 1 – is the only externally assessed unit on the course. A student’s knowledge is assessed through a 60minute exam. This is completed on a computer and involves different types of questions</p>			

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Year 11	<p>Half- Term 1 & 2 Unit 4 – <u>The Sports Performer in Action</u></p> <p>This unit covers how the body adapts to exercise. This includes both short-term responses and long term adaptations. Students also learn about the different energy systems that are used during sports performance</p>	<p>Half-Term 3 Unit 4 – <u>The Sports Performer in Action</u></p>	<p>Half-Term 5 & 6 Unit 5 – <u>Training for Personal Fitness</u></p>
		<p>Half-Term 4 Unit 5 – <u>Training for Personal Fitness</u></p> <p>This unit is based around the students writing a six-week personal fitness programme. This brings together the knowledge from previous units around the principles of training and training methods.</p>	
	<p>Assessment:</p> <p>Units 4 & 5 are both internally assessed through students completing assignments each half-term. Each assignment is based around the students demonstrating their knowledge in different practical settings.</p>		

For further information, please contact your child's teacher or Head of School