

**KS1 and KS2 – Yearly PE Overview**

<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1 &amp; 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>How Fit Am I?</b>	<b>Team work / OAA</b>  What is teamwork? Trust Problem solving / obstacle course Orienteering	<b>Generic skills</b>  Football, Tag rugby, Basketball, Uni-Hoc	<b>Rounders / Cricket</b>	<b>Athletics / Tennis</b>  Running Throwing Jumping

For further information, please contact your class teacher or Head of School